

Back on Track®

prepare perform **recover**

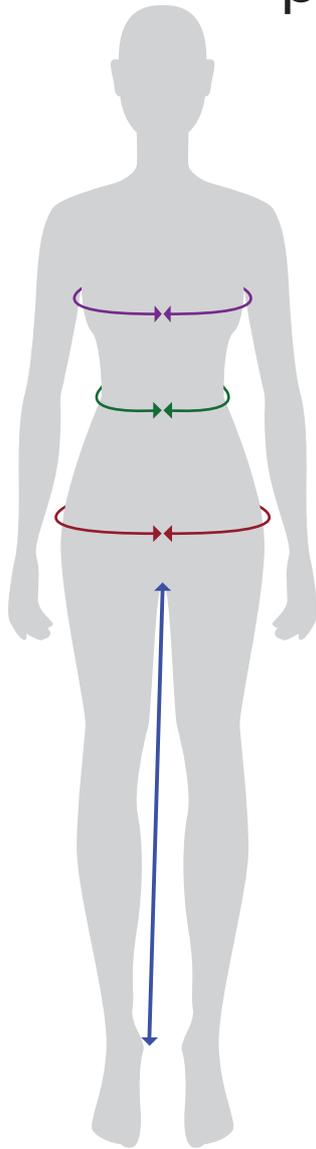


TABLE OF SIZES FOR WOMEN

All measurements should be taken directly on the body for best result

1. **Chest:** Measure your chest at your bust's fullest point. For best results wear a bra with good fit.
2. **Waist:** Measure your waist at the narrowest point
3. **Hip:** Measure around the fullest part of your hips
4. **Leg:** Measure from the crotch to the floor on the inside of the leg.

Size	XS		S		M		L		XL		XXL	
DE	32	34	36	38	40	42	44	46	48	50	52	54
FR	34	36	38	40	42	44	46	48	50	52	54	56
IT	38	40	42	44	46	48	50	52	54	56	58	60
UK/AUS	4	6	8	10	12	14	16	18	20	22	24	26
US	2	4	6	8	10	12	14	16	18	20	22	24
Chest	76	80	84	88	92	96	100	104	110	116	122	128
Waist	60	64	68	72	76	80	84	88	94	100	106	112
Hip	84	88	92	96	100	104	108	112	117	122	127	132
Leg	79	79	79	79	79	79	79	79	79	79	79	79

Measurements in cm